Cordastra®
This new daily supplement helps promote physical health and mental well-being.*
It’s a potent, invigorating combination of two ancient Chinese herbs, Cordyceps and Astragalus. Take Cordastra® on its own, with your Tai Cheng® workout, or with any other Beachbody® workout program.

What is Astragalus?
This health-promoting botanical helps to:*
- Promote a strong, vigorous immune system
- Protect against physical, mental, and emotional stress
- Provide a powerful source of antioxidants
- Support optimal blood pressure and blood sugar
- Promote healthy liver function

What are Cordyceps?
These prized, potent mushrooms help to:*
- Restore energy
- Promote longevity
- Support anti-aging and a strong immune system
- Improve libido in men
- Assist with maximum body oxygen uptake
- Promote muscle building
- Aid healthy functioning of the kidney, liver, and lungs

What makes Cordastra unique, and how does it work?
This potent, invigorating combination of Astragalus and Cordyceps:* 
- Contains Activessence®, a plant-based enzyme system that helps maximize nutrient absorption
- Helps those engaged in exercise adapt to the rigors and stress of increased physical activity
- Promotes strong immune function
- Encourages enhanced recovery
- Maximizes your natural endurance and energy
- Supports optimal performance
- Promotes vitality

Usage
Take 2 capsules daily with water (with or without a meal). To experience its full benefits, use Cordastra daily.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Activessence is a trademark of Triarco Industries, Inc.
Supplement Facts

Serving Size: 2 capsules   Servings Per Container: 30

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount Per Serving</th>
<th>% Daily Value**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Astragalus (Root)</td>
<td>1,000 mg</td>
<td>**</td>
</tr>
<tr>
<td>Cordyceps (Mycelium)</td>
<td>50 mg</td>
<td>**</td>
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<tr>
<td>Herbal Activating System</td>
<td>40 mg</td>
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**% Daily Value (DV) not established

OTHER INGREDIENTS: Hypromellose, Magnesium Stearate, and Silicon Dioxide

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30-day supply

Retail:  $29.95  
Club:    $26.96  
Coach:   $22.46  
PV/CV:   22

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