



Cordastra

Cordastra®

This new daily supplement helps promote physical health and mental well-being.* It's a potent, invigorating combination of two ancient Chinese herbs, Cordyceps and Astragalus. Take Cordastra® on its own, with your Tai Cheng® workout, or with any other Beachbody® workout program.

What is Astragalus?

This health-promoting botanical helps to:*

- Promote a strong, vigorous immune system
- Protect against physical, mental, and emotional stress
- Provide a powerful source of antioxidants
- Support optimal blood pressure and blood sugar
- Promote healthy liver function

What are Cordyceps?

These prized, potent mushrooms help to:*

- Restore energy
- Promote longevity
- Support anti-aging and a strong immune system
- Improve libido in men
- Assist with maximum body oxygen uptake
- Promote muscle building
- Aid healthy functioning of the kidney, liver, and lungs

What makes Cordastra unique, and how does it work?

This potent, invigorating combination of Astragalus and Cordyceps:*

- Contains Activessence®, a plant-based enzyme system that helps maximize nutrient absorption
- Helps those engaged in exercise adapt to the rigors and stress of increased physical activity
- Promotes strong immune function
- Encourages enhanced recovery
- Maximizes your natural endurance and energy
- Supports optimal performance
- Promotes vitality

Usage

Take 2 capsules daily with water (with or without a meal). To experience its full benefits, use Cordastra daily.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



Supplement Facts Serving Size: 2 capsules Servings Per Container: 30 % Daily Value** **Amount Per** Serving Astragalus (Root) 1,000 mg ** Cordyceps (Mycelium) 50 mg Herbal Activating System 40 mg **% Daily Value (DV) not established

OTHER INGREDIENTS: Hypromellose, Magnesium Stearate, and Silicon Dioxide

30-day supply

Retail: \$29.95 Club: \$26.96 Coach: \$22.46 PV/CV: 22