

It's our Bottom-of-the-Bag Guarantee.

We're so sure that Shakeology will improve your health, we've created an amazing guarantee. Try Shakeology for 30 days and if you don't feel healthier, return it and we'll refund your money (less s&h). Even if the bag is totally empty.



No other shake contains the world's most powerful superfoods.

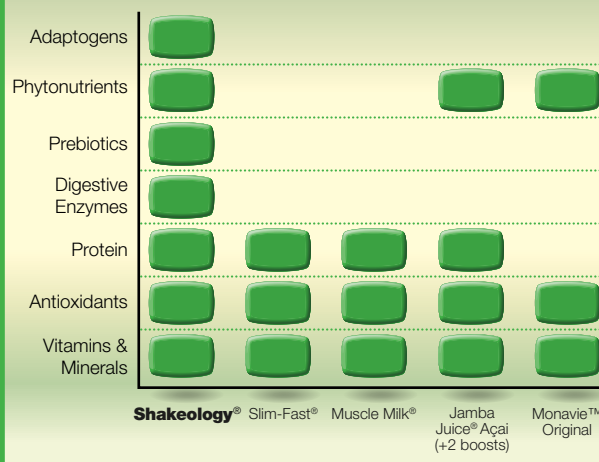
Shakeology is an ultra-premium nutritional shake. To create it, we searched the world for the most potent ingredients your body can easily absorb and utilize. This perfect combination of enzymes, prebiotics, antioxidants, and many rare ingredients—like adaptogens, Camu-Camu, and sacha inchi—give you the essential nutrients you can't get from an average diet. Even eating the recommended serving of fruits and vegetables every day won't give you this much nutrition.

No other shake, meal, or vitamin can make a claim this substantial.

Shakeology delivers what others don't.

It's complete nutrition, formulated for maximum cellular availability. Take it alone or in combination with your supplement program. No need to add an energy or weight loss boost either. Only Shakeology contains 70 natural ingredients to give your body what it needs for optimum health. Can any other health drink say that? No.

Nutrient Groups



Contact Me

Shakeology is available exclusively through your Team Beachbody Coach.

TRANSFORM YOUR HEALTH IN 30 DAYS.
(Or you don't pay.)

shakeology
THE HEALTHIEST MEAL OF THE DAY

- nourish your body with the nutrients it needs for optimal health*
- lose weight
- reduce cravings
- increase energy levels and stamina
- promote regularity and healthy digestion

TEAM  BEACHBODY®
Decide. Commit. Succeed.®

© 2010 Beachbody. All rights reserved.
Distributed by Product Partners, LLC, Santa Monica, CA 90404



Lose weight. Gain nutrition.

Have you struggled with finding the right solution to lose unwanted pounds? Try the one method that's proven to give you healthy results: **Replace one meal a day with Shakeology®**. As soon as the first week, you'll notice you have more energy, fewer cravings, and better digestion. Each low-calorie serving also helps keep you feeling full and satisfied between meals.

Proven Results.

In a 90-day research study, we replaced one meal per day with Shakeology and saw major improvements in the health of the group.**

By the end of week 1

- Improved digestion and regularity
- Reduced cravings

By the end of week 4

- Increased energy and stamina
- Lost weight
- Improved mental clarity

By the end of week 12

- Lost 10 pounds and 2 inches off waist on average
- Reduced risk for diseases, including heart disease
- Lowered cholesterol on average by 30% and even up to 70%
- Developed healthier skin, hair, and nails







*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

† In a 90-day study, participants replaced one meal per day with Shakeology, ate a balanced diet and exercised moderately three times per week. Total cholesterol was reduced on average by 30% and LDL cholesterol was reduced on average by 38%.

Proven results with regular exercise routine and balanced diet.

No single food can supply you with all the nutrients in the amounts you need. Except for Shakeology.

Only Shakeology contains the most potent superfoods and essential nutrients available. Its 70 ingredients are derived from whole food sources—all natural foods that still maintain the vitamins, minerals, and fiber often stripped from highly processed foods and other shakes on the market. Here are the different kinds of nutrients you'll find in a glass of Shakeology, each one working to repair and strengthen your body on a cellular level.

		
NUTRIENT GROUP	INGREDIENTS	BENEFITS*
Protein and Amino Acids	Amaranth, Camu-Camu, Goji berry, sacha inchi, sprouted quinoa, and whey protein GOJI BERRY 	Helps build lean muscles, heals wounds, improves skin and hair, supports optimum brain function and mental clarity, improves moods, reduces cravings
Antioxidants	Acerola cherry, bilberry, Camu-Camu, Goji berry, grape seed extract, green tea, Maca root, pomegranate ACAI BERRY 	Helps reduce oxidative damage in the body caused by free radicals and lowers the chances for degenerative conditions such as heart disease, high blood pressure, dementia, and arthritis
Phytonutrients	Barley grass, blue-green algae, Chia seeds, Chlorella, flax, grape seed extract, Hydrilla, spinach, Spirulina, sprouted quinoa, wheatgrass	Helps boost the immune system, helps fight diseases, can slow down the aging process, detoxifies the body with its alkalizing properties
Adaptogens	Ashwagandha, Cordyceps, holy basil leaf, Reishi mushroom, Suma root, Schisandra, Maca root ASTRAGALUS 	Plant-derived agents help protect the body from stress and help balance endocrine hormones and the immune system
Prebiotics	Pea fiber, YACON ROOT 	Helps promote better intestinal health by aiding the digestive process
Digestive Enzymes	Amylase, bromelain from pineapple, cellulose, lactase, lipase, papain from papaya, protease 	Helps the body break down foods and increase the absorption of nutrients

Order Shakeology from your Team Beachbody® Coach today. See how customers and doctors have transformed their health at Shakeology.com.



SJUN51110