



ACTIVIT[®] MULTIVITAMINS[†]

METABOLISM AND BODY TONING FORMULAS

Beachbody Nutritionals[™]

Vitamins for active people.

Poor nutrition can occur for various reasons, from not eating the recommended seven daily servings of fruits and vegetables to living in a polluted environment. ActiVit helps fill the gaps in your diet, protects your immune system with antioxidants, PLUS helps accelerate the results of your Beachbody[®] workouts.*

KEY BENEFITS*

Metabolism Formula

- Contains **20 essential** vitamins and minerals for **overall health**
- Helps boost metabolism, energy, and fat loss
- Includes important **health-promoting** nutrients and protective **antioxidants** like green tea, grape seed extract, and ginkgo biloba
- **Conveniently** available individually or as part of the Core Nutrition Pack Metabolism, which includes Core Cal-Mag and Core Omega-3[™]

Body Toning Formula

- Contains **20 essential** vitamins and minerals for **overall health**
- Contains L-Glutamine, which helps **restore energy** and repair and build lean muscle
- Supports **endurance**, muscular **strength**, and recovery time
- Includes important **health-promoting** nutrients and protective **antioxidants** like green tea, grape seed extract, and ginkgo biloba
- **Conveniently** available individually or as part of the Core Nutrition Pack Body

USAGE

Just two tablets a day with any meal. Metabolism Formula is perfect with our Meal Replacement Shake for optimal, healthy weight loss. Use Body Toning Formula with Performance Formula for accelerated total-body conditioning.



THE BEACHBODY[®] DIFFERENCE

ActiVit Multivitamins are formulated by industry experts in nutrition AND fitness and contain essential nutrients adults need every day for optimal health, PLUS metabolism-boosting and body-toning ingredients to help you reach your fitness goals faster.*

DID YOU KNOW?

Many multivitamins only contain the Daily Value (DV) of nutrients, which is the minimum amount recommended for basic health and may in fact be less than what active adults need. The balanced nutrient content in ActiVit Multivitamins exceeds the DV for specific nutrients to give your body enough of what it truly needs to help maintain optimal health and fitness levels.

As with any new supplement, meal replacement, or exercise program, you should always first consult with your health care provider about your unique needs.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†This product is only available to residents of the United States and its territories.

