

CHALEAN™

EXTREME

MUSCLE
BURNS
FAT™!

BURN UP TO 60% OF YOUR BODY FAT!

Get ready to burn fat and get lean with ChaLEAN Extreme™!

It's a fact. The more lean muscle you have, the more fat you burn. You can burn up to 60% of your body fat in just 3 months and see visible results every 30 days—**GUARANTEED!**

THE SECRET IS "LEAN PHASING"

This proven circuit training technique shifts your fat-burning focus from cardio to resistance training. You'll be lifting heavy weights in 3 phases to ignite your metabolism and burn fat long after your workout—even while you sleep!

Phase 1: BURN Start lifting weights to jump-start your metabolism.

Phase 2: PUSH Chalene shows you how to lift heavy—perhaps beyond your comfort zone—so you build the muscle you need to burn fat.

Phase 3: LEAN Once the foundation has been built, Chalene brings it home with new routines and dynamic moves to literally melt the fat off your body.

Along with 15 extreme workouts, you'll also receive exclusive diet and support tools and 3 FREE gifts valued at \$100.00!

For more information, contact:



30-DAY MONEY-BACK GUARANTEE