

P90X® PEAK PERFORMANCE PROTEIN BARS

Energy on the go.

Skipping meals or eating just three big meals a day can throw your metabolism out of whack. Smaller meals combined with healthy snacks like P90X Peak Performance Protein Bars help keep your metabolism steady and your energy up so you maximize your Beachbody fitness regimen and burn more fat all day long.*



KEY BENEFITS*

- Contains **18 g of protein**, an optimal amount for pre- or post-workouts (Chocolate Peanut Butter contains 20 g of protein)
- Helps **reduce cravings for sweets**
- Supports weight loss goals while delivering **healthy fuel** to hungry muscles
- Supports metabolism and provides **energy**
- **No trans fat**
- **Healthier alternative** to high-fat/low-nutrition fast food and sugary snacks
- Available in **three delicious flavors**: Café Mocha, Wildberry, and Chocolate Peanut Butter
- Convenient to take **on the go**, to the office, to the gym, or while running errands

USAGE

Enjoy a delicious and satisfying P90X Peak Performance Protein Bar any time you want a healthy snack, a midday pick-me-up, or a pre-workout energy boost, or as an occasional meal substitute when there's no time to cook.

THE BEACHBODY® DIFFERENCE

Chewy, sweet, and satisfying, these are arguably the best-tasting protein bars on the market and are designed to help you maximize your Beachbody workouts and enhance your Beachbody lifestyle.

DID YOU KNOW?

- Healthy snacking helps keep blood sugar levels stable and helps prevent overeating at mealtime.
- Protein is used to build, repair, and maintain almost all of the tissue in your body, especially muscle.
- Eating protein elevates your metabolism.

WARNING: Consult with a healthcare professional if pregnant, breast feeding, providing to a child, or if you have any other unique or special needs. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

