



Sharing Your Success Has Never Been More Rewarding.

By telling us about your success with the Beachbody® program you just completed, you could be:

- An inspiration for others to make a successful transformation in their lives
- Featured on TV, our Web sites, and in print ads
- Asked to appear in a future workout video
- Eligible to receive a FREE T-shirt

And it all happens in just a few easy steps.



Don't forget to enter The Beachbody Challenge™



www.TheBeachbodyChallenge.com

First, we need a little basic information from you.

/ /		/ /	
TODAY'S DATE	FULL NAME	DATE OF BIRTH	
DAYTIME TELEPHONE	EMAIL	CURRENT AGE*	
MAILING ADDRESS			
CITY	STATE	ZIP CODE	
OCCUPATION	MARITAL STATUS		

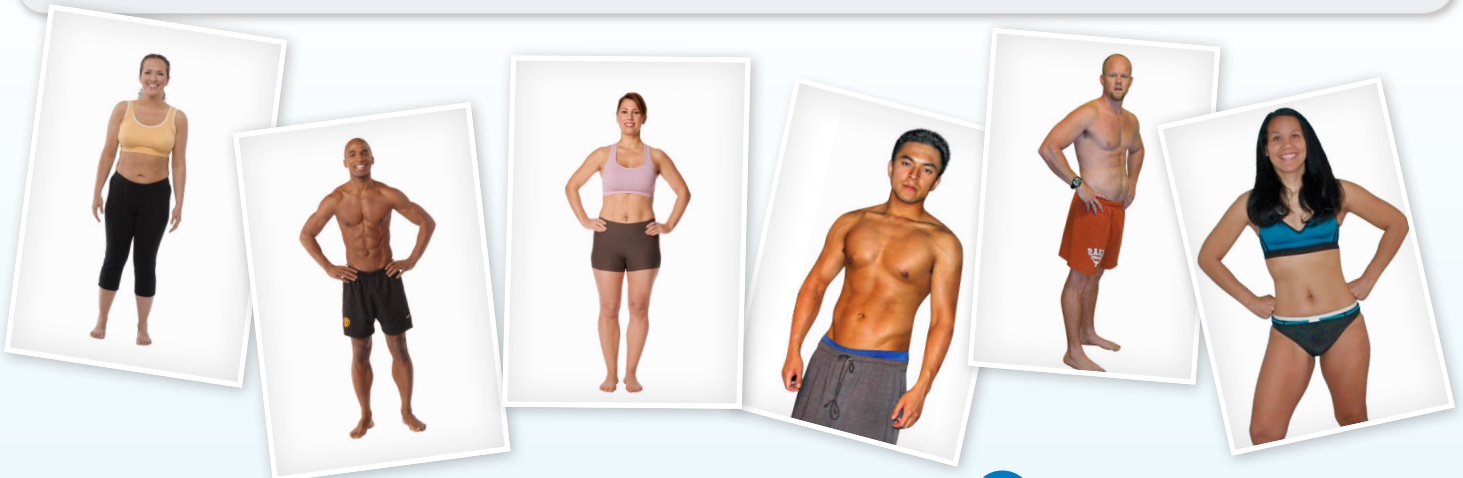
*If you are under 18 years of age, your parent or legal guardian must sign the Guardian Acknowledgment under Terms and Conditions on page 4.

Next, please tell us which program you completed (only one per form). Remember to check mark your size for your apparel!

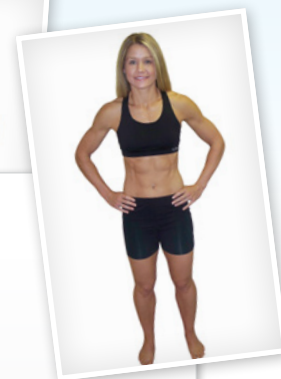


Select your completed program and apparel size:

- | | | | | | | |
|---|--------------|--------------------------|-------------------------|-------------------------|--------------------------|---------------------------|
| <input type="radio"/> 10-Minute Trainer T-Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> 21 Day Fix T-Shirt..... | UNISEX | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> Beachbody Ultimate Reset T-Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> Body Beast Tank Top..... | UNISEX | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> Body Gospel T-Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | <input type="radio"/> XXL |
| <input type="radio"/> Brazil Butt Lift Booty Shorts..... | WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> ChaLEAN Extreme T-Shirt..... | WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> Focus T25 T-Shirt..... | UNISEX | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> Hip Hop Abs T-Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> INSANITY T-Shirt..... | UNISEX | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> INSANITY: THE ASYLUM T-Shirt..... | UNISEX | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> LES MILLS COMBAT T-Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> LES MILLS PUMP T-Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> Power 90 T-Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> P90X T-Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> P90X2 Athletic Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> P90X3 Athletic Shirt..... | MEN
WOMEN | <input type="radio"/> XS | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL |
| <input type="radio"/> Slim in 6 T-Shirt..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | <input type="radio"/> XXL |
| <input type="radio"/> Tai Cheng T-Shirt..... | UNISEX | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> Turbo Jam Tank Top..... | WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |
| <input type="radio"/> TurboFire Tank Top..... | MEN
WOMEN | <input type="radio"/> S | <input type="radio"/> M | <input type="radio"/> L | <input type="radio"/> XL | |



You're almost finished! All we need now is to know your results.



	Before	After
Weight	<input type="text"/>	<input type="text"/>
Size <small>(pants or dress size)</small>	<input type="text"/>	<input type="text"/>
Body Fat Percentage	<input type="text"/>	<input type="text"/>
Chest <small>(inches)</small>	<input type="text"/>	<input type="text"/>
Waist <small>(inches)</small>	<input type="text"/>	<input type="text"/>
Hips <small>(inches)</small>	<input type="text"/>	<input type="text"/>
Leg (thigh) <small>(inches)</small>	<input type="text"/>	<input type="text"/>
Arm (bicep) <small>(inches)</small>	<input type="text"/>	<input type="text"/>
	Start Date	Completion Date
Program participation	<input type="text"/>	<input type="text"/>

From where did you purchase the program?

- Infomercial/toll-free number
- Beachbody Web site
- Team Beachbody® Coach
- Amazon.com®
- Other (please specify) _____

What was your primary goal for using the program?

- Lose weight
- Get lean and toned
- Improve cardiovascular performance
- Gain muscle
- Other

Did the program match up with your expectations?

- It was harder than I expected.
- It was more moderate than I expected.
- It was just as challenging as I thought it would be.

Did you achieve your goal?

- Yes
- No

All trademarks, products, and service names are the property of their respective owners.



What was your experience with the program?

What's different about your life now that you've completed the program?

TERMS AND CONDITIONS

Photo Details: The "before" photograph(s) should date from before you began the Beachbody program. The "after" photograph(s) should date from three (3) days after you complete your program. You must have the legal right to submit the photos, the photos must be of you and not another person, you must be recognizable as the same person in both of the photos, and no other person(s) may be depicted in the photographs. Pictures should be head-to-toe full-body shots in exercise wear or bathing suits. Best if front, side, and back, but at the very least front. Your fitness transformation may not be the result of any non-medically necessary plastic or cosmetic surgery, liposuction, or any unnatural method of body enhancement or weight reduction of any kind.

Use of Submitted Photos and Information: By submitting the photographs to Beachbody, LLC ("BLLC"), you grant BLLC, its affiliates, subsidiaries, representatives and assigns, employees, or any persons or corporations acting under its permission or authority, the right to publish, reproduce, distribute, and/or otherwise use your name, statistics, biographical information, and photographs in any media now known or hereinafter devised, in such manner, for such purposes, and with such frequency as BLLC shall determine in its sole discretion without further compensation or consideration to you and without further authorization by you. You represent and warrant that you are the sole owner of all rights in and to each photograph submitted, and no consent from any third party is required for BLLC to use your photographs as set forth herein.

Additional Terms and Conditions: To be eligible for the Award, your submission must be completed in compliance with all instructions and these Terms and Conditions. You must be eighteen (18) years of age to participate. Limit one (1) Award per customer. BLLC is not responsible for lost, late, damaged, delayed, corrupted, illegible, misdirected, or postage-due submissions. This offer is not valid if materials are not properly submitted in complete compliance with the instructions above and these Terms and Conditions. All t-shirt requests must show proof of purchase from a verified Beachbody retailer. BLLC reserves the right to request additional information regarding any and all claims and supporting documents and to deny ineligible claims. BLLC's decisions are final. The submission of false, incorrect, misleading, or fraudulent documentation may result in disqualification from this promotion and from future promotions and may be subject to review under U.S. Postal Regulations. The customer agrees to reimburse BLLC for any Award falsely obtained. The Award will be forwarded to qualified recipients via regular mail within eight (8) weeks after proper and complete submission. Incomplete or illegible submissions will be forfeited as ineligible. BLLC is not responsible for any lost, damaged, or delayed applications. Keep copies of materials submitted; originals become property of BLLC and will not be returned.

Guardian Acknowledgment: By signing below, you affirm that you are the parent or legal guardian of the minor applicant and consent to the submission of the information on this application and photographs of your minor child to Beachbody, LLC ("BLLC"). You further agree to the requirements, terms, and conditions below on behalf of your minor child, including the granting of certain rights to BLLC with respect to any submitted materials.

GUARDIAN ACKNOWLEDGMENT

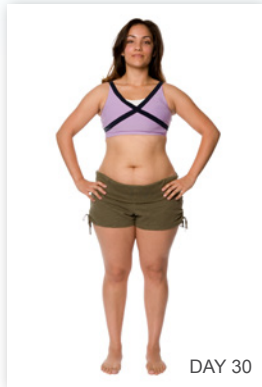
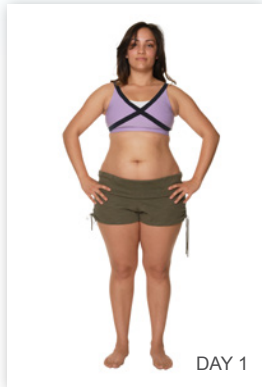
PRINTED NAME

SIGNATURE

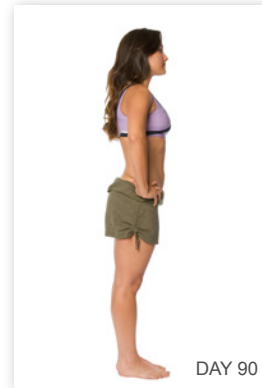
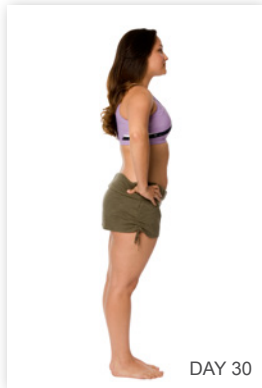
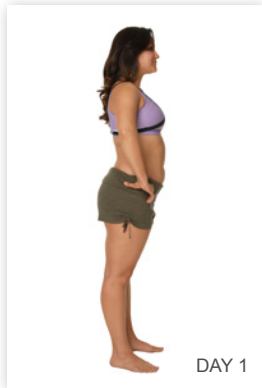
As best as possible, please send us "before" and "after" photos that show you:

- In the same attire each time
- From the front, side, and back
- On Day 1, Day 30, Day 60, and Day 90
- Use a digital camera or a smart phone, not a cell phone. Make sure you send your photos in "original" or "large" size.

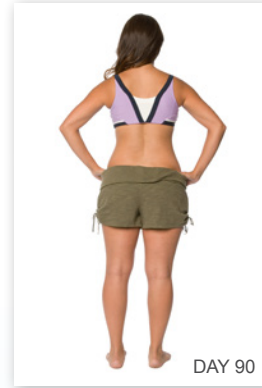
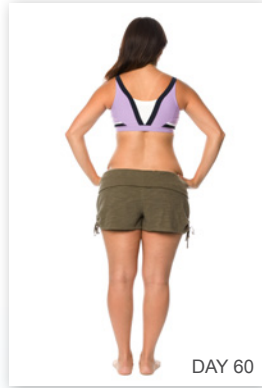
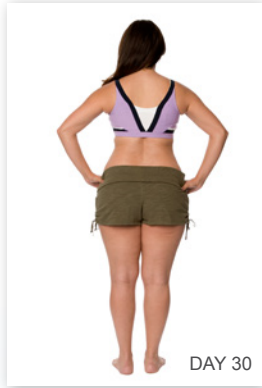
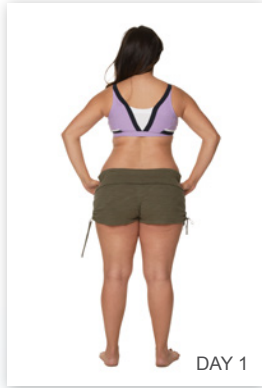
Front



Side



Back



To submit your SUCCESS STORY, please be sure to include your:

- **Completed submission form**
- **"Before" and "after" photos**

Please email your submission materials to:
SuccessStories@beachbody.com

Once again, we thank you for sharing your success with us!
—Success Story Department

