

Have questions about P90? We have answers. Here are some basics you need to know about Tony Horton's *90-Day Body Transformation for EVERYONE*. For more information, please refer to the P90 Product Training Guide.

## Q. Who is P90 for?

Extreme programs like P90X® aren't for everyone. So welcome to the all-new P90—your gateway to getting fit regardless of your age or fitness level! Legendary trainer Tony Horton has now created shorter workouts that are simple, doable, and less extreme than his others, but still just as effective. So whether you haven't worked out in a decade, or you're just looking to maintain what you've got, P90 opens the door for you to see dramatic, visible results in just 90 days.

## Q. What equipment is needed to do P90?

Just the Pro-Grade Resistance Band<sup>++</sup> with handles and door attachment, which is included in the Base Kit.

## Q. Which supplements would help me and my customers get their best results with P90?

To get your best fitness results with P90, the following supplements are highly recommended:

- SHAKEOLOGY®. An ultra-premium nutritional shake that promotes digestive health, energy, and even weight loss.\* It's the Healthiest Meal of the Day®.
- ACTIVIT®. A high-quality multivitamin formulated to give your body the nutrients it needs to get the most out of your P90 fitness routines.\*
- SLIMMING FORMULA. A powerful combination of all-natural ingredients that support more fat loss, while helping enhance your P90 workout results.\*
- RESULTS AND RECOVERY FORMULA®. A postworkout formula that contains the optimal balance of proteins and carbohydrates to help replenish the body, mend sore muscles, and restore energy.\*
- E&E ENERGY AND ENDURANCE®. A preworkout formula that is scientifically formulated to support lasting energy without the crash, helping you to burn more calories and stay strong all the way through every P90 workout.\*

**Q. What's included in the P90 Base Kit?**

- Ten (10) simple, effective workouts on 4 DVDs
- Simple Kitchen Nutrition Guide
- 4-Step Power Plan
- *"How to Hit It"* Tutorial
- 6-Day Shred
- 1 Pro-Grade Resistance Band<sup>++</sup> with one set of handles and door attachment
- 90-Day Workout Calendar

**Q. How much does P90 cost?**

- **Base Kit:**  
\$59.85; Club member: \$53.87; Coach: \$44.89—PV/CV: 45
- **Deluxe Kit:**  
\$119.70; Club member: \$107.73; Coach: \$89.78—PV/CV: 90

**Q. How do I direct my customers to the P90 page in the Team Beachbody® Shop?**

Simply add your Coach repID to the end of the URL below, share the link, and you'll get credit for the resulting purchases.

<http://www.teambeachbody.com/shop/-/shopping/P90Base?referringRepId=yourID>

**Please note:** In order to receive credit for the sale, the purchaser must click on the link containing YOUR Coach repID.

**Q. Is there a Team Beachbody exclusive if customers order P90 through me?**

Yes! Your customers will get a FREE Bonus Workout DVD—P90X3® Dynamix (a \$19.95 value).

## Q. Is there a P90 Challenge Pack? What are the details?

Yes! The P90 Challenge Pack contains the Base Kit, a 30-day supply of Shakeology Home Direct,\*\* and a FREE 30-day trial membership to Team Beachbody Club.†‡

Here's how to direct customers to **your personal** P90 Challenge Pack page:

1. Insert your repID into the link below:

<http://www.teambeachbody.com/shop/-/shopping/BCPP2180?referringRepld=yourID>

2. Send that link to your customers.

Still have questions? Check out the P90 Product Training Guide, the Team Beachbody Message Boards, or reach out to Coach Relations.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

\*\*With Shakeology Home Direct, your customer will receive this item every 30 days, shipped directly to his/her door and billed to the credit card he/she uses in the amount of \$129.95 a month—only about \$4.33 a day!—plus \$2 Super Discount shipping per item. Your customer may cancel at any time to avoid future charges by calling Customer Service at 1 (800) 470-7870.

†After your first 30 days, your customer will be automatically billed to continue his/her Team Beachbody Club membership at a cost of \$2.99 a week, billed \$38.87 per quarter in advance to the credit card he/she provides. Your customer can cancel anytime to avoid future charges by calling Customer Service at 1 (800) 470-7870.

‡Offer not valid for current paying Team Beachbody Club members.

††Contains natural rubber latex, which may cause allergic reaction.

*All prices in USD. International pricing will vary.*