

PERFORMANCE PACK

Beachbody Nutritionals™

When your body is in extreme training mode, it requires an extra boost of energy, protection, and recovery assistance to help you maintain form and get you the results you want. Our Performance Pack includes P90X® Health Formula and Performance Formula, which, when combined, helps create the ultimate nutritional solution for anyone following extreme Beachbody® training and extreme lifestyles.



P90X® Health Formula

- Essential nutrients that active adults need every day
- Potent combination of vitamins, minerals, antioxidants, herbs, and phytonutrients for high energy*



Performance Formula†

- Helps minimize post-workout soreness and facilitate recovery*
- Supports healthy circulation and appetite control*

KEY BENEFITS

- Convenient combination helps you get faster results
- Great money-saving option
- Packs help you remember which supplements to take each day so you can achieve your personal goals

USAGE

One P90X® Health Formula packet and three Performance Formula tablets daily with water.

DID YOU KNOW?

When you train harder, your body needs more specific nutrients to recover properly as well as maintain the muscles that each workout develops. Without adequate nutrition and the energy to exercise, lean muscle mass declines, energy wanes, and overall results suffer.

As with any new supplement, meal replacement, or exercise program, you should always first consult with your health care provider about your unique needs.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†This product is only available to residents of the United States and its territories.

