

Ingredients & Benefits



Nutrient Group	Ingredients	Benefits*
Protein & Amino Acids	Amaranth, Camu-Camu, Goji berry, Sacha Inchi, sprouted quinoa, whey protein.	Help the body build lean muscle, heal wounds, improve skin and hair. Support optimal brain function, mental clarity, improved mood, and reduced cravings.
Antioxidants "Red Super Foods"	Açaí berry, Acerola cherry, bilberry, Camu-Camu, Goji berry, grape seed extract, green tea, Maca root, pomegranate.	Help reduce oxidative damage in the body caused by free radicals. Oxidative damage is a major cause for degenerative (aging) conditions such as heart disease, high blood pressure (which can lead to stroke), dementia, and arthritis.
Phytonutrients "Green Super Foods"	Barley grass, blue-green algae, Chia seeds, Chlorella, flax, grape seed extract, Hydrilla, spinach, Spirulina, sprouted quinoa, wheat grass.	Boost immunity, help fight diseases, can slow down the aging process, detoxify the body, and have alkalizing properties.
Adaptogens	Ashwagandha, Astragalus, Cordyceps, holy basil leaf, Maca root, Reishi mushroom, Schisandra, Suma root.	Plant derived agents help to adapt the body or protect it from stress. Adaptogenic herbs are unique from other substances in their ability to balance endocrine hormones and the immune system.
Prebiotics	Pea fiber, yacon root.	Promote better intestinal health. Stimulate growth of friendly bacteria for better digestion.
Digestive Enzymes	Amylase, bromelain from pineapple, cellulose, lactase, lipase, papain from papaya, protease.	Help the body break down foods and increase absorption of nutrients.



POMEGRANATE



GRAPE SEED EXTRACT



GREEN TEA



MACA ROOT



GOJI BERRIES



YACON ROOT



AÇAÍ