

# SLIMMING FORMULA

Beachbody Nutritionals™  
Get slimmer faster.

This targeted supplement helps increase the rate at which you lose fat and unwanted pounds. Backed by science and full of powerful ingredients, Slimming Formula, when taken as part of your regular Beachbody® exercise regimen, has been proven\*\* to help people lose more fat than with exercise alone.\*



## KEY BENEFITS\*

- Promotes **fat loss**, weight loss, and helps maintain your hard-earned **results**
- Contains green tea extract, which **naturally** helps increase metabolism and provides **antioxidant** protection
- Includes pyruvate (found in cheese, wine, and red apples), which supports **maximum fat loss** and **lean-muscle development**
- **Ephedra-free**
- **Perfect for adults** concerned about their weight and/or already on a weight loss program
- In Beachbody® test groups, people who enhanced their workouts with Slimming Formula lost almost **30 percent more fat** than those who didn't\*\*
- **Conveniently** available individually or as part of the Slimming Pack, which includes ActiVit® Fat Burning Multivitamin Formula to ensure core nutrition

## USAGE

Just two tablets a day before each meal. Perfect with Performance Formula to help you achieve optimal fitness.

## THE BEACHBODY® DIFFERENCE

Slimming Formula helps you shed more fat **PLUS** retain more muscle than just exercising alone—all without potentially dangerous stimulants.\*

## DID YOU KNOW?

- Approximately 127 million adults in the U.S. are overweight, 60 million are obese, and 9 million are severely obese.†
- Green tea may help protect against certain types of cancer, high cholesterol, rheumatoid arthritis, and other health conditions.\*

As with any new supplement, meal replacement, or exercise program, you should always first consult with your health care provider about your unique needs.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*\*In a nonclinical Beachbody test group, those who used Slimming Formula along with their Beachbody program lost an average of 29% more body fat.

†www.obesity.org, August 14, 2007

