



Introduction to TurboFire® Challenge Group

Congratulations on organizing a TurboFire Challenge Group and helping people meet their fitness goals!

We've put together some materials to help you manage your Group and ensure you're able to keep your team engaged and motivated throughout their 90-day journey.

Materials include:

Product Training Guide

Here's all the information you need about TurboFire, including recommendations on products and nutrition to ensure your Group's ultimate success.

Participant Starter Guide

Share this guide with participants to ensure they're aware of their Challenge Group commitments.

Weekly Coaching Guide

Daily calendar of shareable tips, recipes, motivation, and more, specifically designed for TurboFire that you can post to your [My Challenge Tracker](#) Challenge Group to keep participants motivated and engaged. Alternatively, you can set up and share posts to a private Facebook® group.

As a reminder, if you've not recently gone through the program yourself, we also recommend you review the materials that come with the fitness product to familiarize yourself, so that you can answer any questions from your Group.

Good luck!